

# Roadmap to Becoming a Certified Reiki Teacher

Teacher's Training

師範研修

Japan Reiki Association Certified  
Canadian Reiki Association Approved

**Japan Reiki Association (JRA)** is the biggest Reiki organization in the world, and we continue to serve our students as they practice — and master — the art of Usui Reiki (Japanese traditional healing).

### **Our promise to you**

We will support you through the learning process and guide you as long as you continue to practice Reiki. We will do everything we can to help you reach the Reiki level you are aspiring to.

### **Benefits of learning Reiki with us**

- We use a perfect blend of traditional Japanese Reiki and Western Reiki in our teachings.
- We teach the Usui method of Reiki in its original and simplest form.
- Our teachers are JRA-certified, and we teach with the same syllabus and manual used in Japan.

### **I've completed my training. What's next?**

Once you have completed levels 1, 2, and 3 of your Reiki training, you will be ready to take the next step: a proficiency exam.

### **Proficiency exam\***

The proficiency exam is administered for students who wish to become a Certified Reiki Teacher. It signifies the completion of your Reiki learning levels.

\*This exam is only for students who wish to pursue teacher training.

#### **Part 1**

- This is a written exam
- The candidate must obtain 90% or more to pass
- The candidate has 100 minutes to write the exam
- Fee: \$198

#### **Part 2**

- This is a practical exam
- The candidate must obtain 90% or more to pass
- This is a one-on-one interview-style exam
- Fee: \$528

### **Jyokyu Tasshi Designation Awarded**

Once you pass the exam, you are awarded the advanced practitioner designation and granted permission to offer Reiki healing to the general public as a JRA Certified Advanced Practitioner.

### **Teacher training begins**

Once you pass the exam, you are invited to complete teacher training. Depending on your schedule, learning style, and other considerations, the course duration can range from 1-6 months.

Cost: \$2,200

### **Teaching proficiency test**

- This is the final test
- It is to ensure the candidate is ready to begin teaching Reiki
- Fee: \$0

### **JRA-Certified Reiki Teacher**

Once you pass the final test, you will be awarded a certificate of Reiki Shihan to indicate that you are now a certified Reiki teacher via Japan Reiki Association (JRA).

Congratulations!

### **What does it mean to be a Reiki Shihan?**

Reiki Shihan is a person who will provide attunement, as well as guide and instruct anyone who wishes to learn Reiki (more commonly known as a Reiki Master or Reiki Teacher).

Japan Reiki Association defines Reiki Shihan as “a person who will empower another person to shine their light from within.”

At Japan Reiki Studio, we believe that anyone who...

- wishes to help another person shine to the best of their ability
- is moving towards 'perfecting the self'
- exudes happiness and/or lights up a room

...will succeed as a Reiki Shihan.

### **Does this sound like you?**

"I love Reiki!"

"I am so grateful for Reiki."

"If there is someone who wants to learn Reiki, I am happy to share my knowledge."

"I want to pass along the happiness I experience thanks to Reiki."

"I want to share this warm and fuzzy feeling with everyone!"

"I want to share the feeling of comfort and happiness with those who are alone and unable to feel it."

"I really, really want to do this!"

If this sounds like you, then you should definitely become a Reiki Shihan.

### **Why Japan Reiki Studio?**

We offer a great support system to help you get your Reiki teaching career up and running.

We are always available to guide our new teachers through new challenges. For example, unexpected questions from students might feel scary when you're just starting out. But no need to worry alone — together, we will find a solution.

With us, you have a place to ask questions and receive support on anything related to Reiki and your practice.

We want to help you move forward in your practice in a way that is enjoyable for you. We can help with mundane tasks or things that may be difficult to achieve on your own. And our little studio is a part of something much bigger: a global organization that always has our back, that is here to support us (and you!) as we teach and spread Reiki. How? By providing a multilingual community we can turn to and resources such as textbooks, videos, and other useful materials

### **Are you ready to take the next step?**

Take our Readiness Checklist and see! If you answer "yes" to 8 or more questions, it is more likely that you will pass the proficiency exam.

#### Readiness Checklist

1. Can you immediately answer what you like about Reiki?
2. Do you tell people you practice Reiki or that you have learned Reiki? (If you are unable to talk to other people about Reiki, or feel that you lack confidence, you may not be ready to take the next step and become a teacher.)
3. Do you easily offer Reiki sessions to people who are not family or friends? (When you are able to offer a session without hesitation, you are likely ready to take the next step.)
4. Have you ever explained Reiki to someone who has no idea what Reiki is?
5. Have you sensed and then conveyed to your client (in words) what you felt during a Reiki session?
6. Are you able to explain what has changed for you with Reiki?
7. Do you know the difference between Reiki-ryoho and Reiki-ho?
8. Are you able to sense the difference in energy with each symbol?
9. Have more than 3 people expressed the wish to learn from you once you become a teacher?
10. Can you state at least 5 out of 11 reasons why you want the power of Reiki?

## Redesign your life with Reiki

If you are new to this type of traditional healing and aren't sure where to start, the best place is to think about what you hope to achieve with Reiki.

1. Do you want to be able to tap into Reiki and use it to heal yourself and even others?  
Sign up for our [attunement course](#).

2. Do you want to experience the healing powers of Reiki?  
Come to a [healing session](#).

3. Do you want to improve your current Reiki practice?  
Join our [Reiki Circle](#).

4. Do you want to improve your Reiki practice but just can't find the time?  
Subscribe to [our YouTube channel](#), and enjoy the videos at your own convenience. Or sign up for our short online refresher course. (It's only a 6-hour time commitment!)

5. Do you want to host a healing session?  
After completing your Reiki Level 2 attunement course, join our Reiki practice sessions and learn how to give Reiki to yourself and others.

6. Do you want to become a certified Reiki teacher?  
Take the proficiency exam and join the teacher training course.

To review the current price list for each stage of training, please contact the chapter you wish to train with. All of our prices are in alignment with JRA headquarters with some adjustments based on the local economy. Want to train with Japan Reiki Studio? We'd love to help! [Reach out](#).

